

FLOWERS OF THE LAS POSADAS CAMP

by

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Napa, California
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FLOWERS OF THE LAS POSADAS CAMP

I have divided the list into sections as follows:

I. Flowers to be found along the Metcalf trail; (under redwoods and in shade, near stream)

a. White or nearly white

Small white nemophila	Nemophila heterophylla
Miner's lettuce	Montia perfoliata
Woodland Star	Lithophragma affinis
Fairy Bells	Disporum hookeri

b. Pink or Rose colored

Wood Rose	Rosa gymnocarpa
Star Flower	Trientalis europea
Collomia	Collomia heterophylla
Climbing pea vine	Lathyrus vestitus

c. Lavender flowers

Pea	Lathyrus torreyi
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d. Red flowers

Red larkspur	Delphinium nudicaule
Indian pink	Silene californica

e. Yellow flowers

Gamble Weed	Sanicula menziesii
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II. Flowers to be found in Oak woods south of Camp:

a. White flowers

Small white nemophila	Nemophila heterophylla
Common chickweed	Stellaria media
Popcorn flower	Plagiobothrys
White mariposa	Calochortus venustus
Yarrow	Achillea millefolium
Gilia - common	Gilia

b. Pink or pink-lavender flowers

Chinese Houses	Vollinsia bicolor
Shooting Star	Dodecatheon hendersonii
Hedge Nettle	Stachys bullata

c. Lavender flowers

Pea	Lathyrus torreyi
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d. Red flowers

Indian pink	<i>Silene californica</i>
Red larkspur	<i>Delphinium nudicaule</i>
Figwort	<i>Scrophularia californica</i>
Indian Warrior	<i>Pedicularis densiflora</i>
Indian Paint Brush	<i>Castilleja parviflora</i>

e. Blue flowers

Blue-eyed grass	<i>Sisyrinchium bellum</i>
Ground Iris	<i>Iris macrosiphon</i>
Brodiaea. Blue Dicks	<i>Brodiaea capitata</i>
American vetch	<i>Vicia americana</i>
Tall blue lupine	<i>Lupinus</i>
Shorter blue & white lupine	<i>Lupinus bicolor</i>
Hound's Tongue	<i>Cynoglossum grande</i>
Nightshade, Blue Witch	<i>Solanum umbelliferum</i>

f. Yellow flowers

Buttercup	<i>Ranunculus</i>
Bur clover	<i>Medicago hispida</i>
Yellow melilot	<i>Melilotus indica</i>
Lotus	<i>Lotus subpinnatus</i>
Lotus	<i>Lotus micranthus</i>
Yellow pea-flower (like lupine)	<i>Thermopsis macrophylla</i>
Gamble Weed	<i>Sanicula menziesii</i>
Golden Lantern	<i>Calochortus pulchellus</i>
Tarweed	<i>Madia elegans</i>
Sunflower	<i>Wyethia helenioides</i>
Narrow-leaved sunflower	<i>Wyethia angustifolia</i>
Groundsel	<i>Senecio</i>

III. Flowers to be found in open fields:

a. White flowers

Cow parsnip	<i>Heracleum lanatum</i>
Shepherd's needle	<i>Scandix pecten-veneris</i>
Shepherd's purse	<i>Brassica bursa-pastoris</i>
Wild radish	<i>Raphanus sativus</i>
Chickweed	<i>Stellaria media</i>
Bedstraw	<i>Galium</i>
Popcorn flower	<i>Plagiobothrys</i>
White mariposa	<i>Colochortus venustus</i>
Yarrow	<i>Achillea millefolium</i>
Gilia	<i>Gilia</i>
White owl's clover	<i>Orthocarpus</i>
Purple owl's clover	<i>Orthocarpus purpurascens</i>
Everlasting	<i>Gnaphalium palustre</i>
Evening Snow	<i>Linanthus</i>

b. Pink flowers or red flowers

Filaree	<i>Erodium cicutarium</i>
Farewell-to-Spring	<i>Godetia amoena</i>
Red maids	<i>Calandrinia caulescens</i>
Scarlet pimpernel	<i>Anagallis arvensis</i>

Geranium	Geranium dissectum
Purple (button) Sanicle	Sanicula bipinnatifida
Pin-Point Clover	Trifolium gracilentum
Clover	Trifolium microdon
Tomcat Clover	Trifolium tridentatum
Clover	Trifolium depauperatum

c. Blue flowers (or predominantly blue)

Blue and white lupine	Lupinus bicolor
Blue buttons	Gilia capitata
Bird's eye gilia	Gilia tricolor
Pale Baby Blue Eyes	Nemophila menziesii var. atomaria
Collinsia	Collinsia sparsiflora
Brodiaea (Blue Dicks)	Brodiaea capitata
Harvest brodiaea	Brodiaea coronaria
Grass nut	Brodiaea laxa
Purple larkspur	Delphinium

d. Yellow flowers

Buttercup	Ranunculus californicus
Footsteps-of-Spring	Sanicula arctopoides
California Poppy	Eschscholtzia californica
Monkey Flower	Mimulus guttatus
Gold Fields	Baeria
Blow-Wives	Achyraea mollis
Mullein	Verbascum thapsus
Tarweed	Madia elegans

Most yellow flowers, composites, are summer-flowering, so a summer collection will bring in many more.

FERNS OF LAS POSADAS CAMP

I. Metcalf Trail

Chain Fern	Woodwardia	Woodwardia radicans
Wood Fern		Aspidium rigidum
Maidenhair		Adiantum jordani
Polypody. Licorice fern		Polypodium vulgare
Gold-fern (gold-back fern)		Gymnogramme triangularis

II. Open dry rocky slopes

Coffee fern (Sheep fern)	Pellaea andromedaefolia
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